

Pre-Competition Reminders

The competitive dance scene allows students to be exposed to others who will motivate them and who share the same passion for dance; at the same time, we also want our students to have fun. Being a participant in competition provides students with additional performance experience.

It is important for the students to take ownership of their dance and be confident when they step foot on stage. Competition is a team building experience and an excellent opportunity to create a sense of pride for both the dancers and our studio.

It is crucial to understand the importance of presentation. Costumes, headpieces, tights, shoes, props, and other personal items are to be treated like gold. All dancers should have garment bags or boxes to store costumes and accessories. Headpieces must be stored where they won't get damaged. Shoes must be kept scuff free. Tights cannot be ripped; it is important to always carry a spare pair or two. Be prepared.

After each competition, dancers should check to make sure they have all pieces belonging to each costume. A competition kit includes hair necessities: gel/hairspray/bobby pins/elastics etc., make-up, and any additional costumes accessories. Organization is very necessary to prevent last minute panic situations

Note to dancers ; Don't look at other dancers and get psyched out. Focus on YOUR ability, YOUR work, YOUR choreography, YOUR costume and remember what makes YOU special, keep LASER FOCUS, stay confident in what YOU are bringing to the stage. All you can do is your best. There will be other talented dancers, but this is not about them, it's about YOU.